

EMU Student Guide to Navigating and Accessing Local Resources

Includes information on: housing, food, healthcare (including emergency mental healthcare), transportation, support services, free ebooks, and more!

Disclaimer: This guide does not reflect the views and opinions of EMU Student Government. It also cannot address centuries long oppression based on class, race, gender, sexuality, disability, or nationality. While we exist within these oppressive systems and structures, we can still do our best to look out for each other, and keep each other safe.

Do not feel bad for using these services, or that you are “taking advantage” of them. **These resources are here for a reason;** and are created, managed, and funded by people and organizations that are generally well-off. Consider volunteering at these organizations, however, if you have the time/capacity to do so.

Food Insecurity

Swoops Food Pantry (*EMU students only*)

Website: <https://www.emich.edu/swoopspantry/eligibility.php>

- Address: 104 Pierce Hall (pickup orders), 201 Pierce Hall (in-person shopping)
- Phone Number: 734.487.4173
- **Hours:** Monday 10-5pm, Wednesday 12-6:30pm, Thursday 12-5pm, Friday 12-5pm
- Students must complete a Swoop's Food Pantry Intake Form **prior to visiting** the pantry:

<https://docs.google.com/forms/d/e/1FAIpQLSci6X9D5Gyfv0EBydHd4fxHPPIcnKw8E2ddWlnKAlGlcx4aoQ/viewform>

- If Swoop's does not meet your food and grocery needs alone, you can ask a team member for a **list of other pantries** in the Ann Arbor/Ypsilanti area!
- Once completing the Swoop's intake form, students can also fill out a Google form to receive a **grocery delivery** once a week Wednesday's 4-6pm, Thursday's 3-5pm, and Friday's 1-5pm from EMU YDSA (young democratic socialists of america) here:

<https://linktr.ee/emuydsa>

Mutual Aid Network of Ypsilanti

<https://ypsimumutualaid.org/>

“The MANY is both a loose community support network and a worker self-directed 501c3 organization. We focus on “solidarity, not charity” when working with our neighbors. Instead of a top down charity approach, we build real relationships from the bottom up”

Free Groceries (with the MANY)

- Time: Saturday from 12pm – 2pm
- Address: 1225 S. Congress, Ypsilanti (the Beautiful Gate Church)

Sidenote:

If you're on Facebook, email cray22@emich.edu to be invited to the “Ypsi Free Food” page

Housing Insecurity

Definition: Are you experiencing frequent moves, a crowded living space, poor housing quality, or inability to afford rent or bills (housing insecurity)?

or are you absent from a place to live, which includes living in a shelter, vehicle or abandoned structure (homelessness)?

- EMU Students can contact the **Dean of Students Office (EMU students only)** if they're experiencing housing insecurity: <https://www.emich.edu/dean-of-students/index.php>

Emergency Housing Phone Lines

- VETERANS experiencing a housing crisis, contact the Veteran Administration (VA) at 1-877-424-3838.
- **YOUTH (ages 10- 20)** experiencing a housing crisis, contact Ozone House at (734) 662-2222.
- If you are experiencing **DOMESTIC VIOLENCE**, contact SafeHouse Center at (734) 995-5444
- Contact the Housing Access of Washtenaw County (HAWC), **734-961-1999** if you are without housing, about to lose housing, are at risk of being evicted, or need rental assistance.
 - **Available hours:** Monday-Friday, 8:30am-5:00pm
- If you need help applying for **utility assistance**, call the SOS Resource Center for a screening appointment, Thursdays 9 AM- 4 PM at 734-484-5411

COVID Emergency Rental Assistance (CERA):

<https://www.michigan.gov/mshda/0,4641,7-141-5555-533463--,00.html>

Tenants Rights

- EMU provides **Free Legal Services** on Wednesday's from 4-6pm by appointment only:

<https://www.emusg.com/services>

- EMU Student Government also compiled **resources for student renters** during April of 2021 that can be found here: <https://www.emusg.com/student-renters>

Lakeshore Legal Aid Council Advocacy Line:

- free legal advice over the phone only.
- Phone: 888-783-8190 Website: <https://lakeshorelegalaids.org/>

U of M Law School Civil-Criminal Litigation Clinic

- Phone: 734-763-4319 Email: mclp@umich.edu
- The CCLC provides free legal representation to people who cannot afford to hire an attorney. The clinic only conducts case intake and accepts new cases from the second week of September to mid-April each year.

If you're at risk of eviction, you have a right to a trial!

There are legal motions you can file that will give you more time to defend your rights, whether or not you have a lawyer yet. You can request a continuance (so that the trial is continued at a later date) in order to find a lawyer. Note that if you do this, you must ask to "reserve" your jury rights.

You can request a jury trial. A jury will usually be more sympathetic to a tenant, and a jury trial will buy you more time before a writ of eviction is issued. It usually costs money to request a jury trial, but **the fee can be waived** if you receive assistance through TANF, SSI, Medicaid, or other MDHHS programs, and **fill out a form called an MC 20**. MC 20s are available in the Ypsilanti Clerk's Office (located at 1 S Huron St, and open 8-5pm, Monday-Friday)

Make sure to bring your MDHHS When you show up to court, the landlord's attorney might offer you a "consent judgment." These can provide additional time, but entering into them means you lose the ability to raise defenses. The landlord's attorney doesn't have your best interests in mind, and **it is usually a good idea to have a lawyer look over something before signing**.

Healthcare

1. Mental Health Emergencies

Counseling and Psychological Services (CAPS)

- Crisis line (over the phone only): 734-487-1118

Washtenaw County Community Mental Health

(available to all Washtenaw County residents in crisis)

- Mobile Crisis Team (they can send a crisis team out to you)
- Website: <https://www.washtenaw.org/2936/Crisis-Services>
- Phone: 734-544-3050

Safe House (For domestic violence and sexual assault)

- 24-hour crisis line: (734) 995-5444

2. Counseling & Psychiatry

Counseling and Psychological Services (EMU Students Only)

- Free mental health screening:
<https://screening.mentalhealthscreening.org/emucares>
- Phone number: 734-487-1118, Address: 1075 N Huron River Drive, Ypsilanti
- *Hours:* Monday–Friday, 8 a.m.–5 p.m.
- *Wait times:* Intake appointments are typically seen within a week. Wait is sometimes longer depending on demand
- If you are unable to make your scheduled appointment, please cancel as soon as possible. *Must be at least enrolled part-time.

Porter Counseling Clinics

- Personal and family mental health counseling as well as career assessment and academic counseling
- <https://www.emich.edu/coe/clinical-services/counseling-services.php>

3. General Healthcare Coverage

Corner Health Center (ages 12-25)

Website: <https://www.cornerhealth.org/>

- Address: 47 N Huron St, Ypsilanti
- Phone Number: (734) 484-3600
- **Hours:**
 - Monday 9am-8pm, Tuesday 9am-6pm, Wednesday 1pm-8pm, Thursday 9am-6pm, Friday 9am-5pm
- Health care, mental health, and supportive services for young people as they transition to adulthood.
- Provide services to young people regardless of their insurance status or ability to pay for care.

Hope Clinic (Christian-based)

Website: <https://thehopeclinic.org/>

- Address: 518 Harriet Street, Ypsilanti
- Become a patient by calling: 734-481-0111
- **Hours:**
 - Tuesday & Thursday 9 a.m.–5 p.m.
 - Wednesday 9 a.m.–Noon and 5:30 p.m.–8 p.m.
 - Saturday 8:30 a.m.–Noon

Packard Health:

<https://packardhealth.org/services/>

- Contact info (based in Ypsi and Ann Arbor): <https://packardhealth.org/contact/>
- Can assist with finding Healthcare options if yours has changed or if you have none <https://packardhealth.org/services/insurance-enrollment-assistance/>
- Provides primary care, prenatal health, women's health, translation services, addiction treatment, and food, medication and transportation assistance, among others

4. Covid-19 and Flu Shots

- **On-Campus Covid Testing (EMU only):**
<https://www.emich.edu/emusafe/testing/index.php>
- **Vaccine Locator (can specify by County):**
https://www.michigan.gov/coronavirus/0,9753,7-406-98178_103214_104822---,00.html
- **Walgreens:**
 - Covid testing:
https://www.walgreens.com/findcare/covid19/testing?ban=covid_landing_testing_Aug
 - Flu Shots: <https://www.walgreens.com/topic/pharmacy/seasonal-flu.jsp?o=acs>

Transportation

Free Bus Passes (EMU only):

- Available for purchase at the Service EMU centers; *Call 734-487-3335 between 10am and 4:00pm.*
 - Website: <https://www.emich.edu/service/index.php>
 - Please contact ebill@emich.edu if you are unable to pick-up a pass in person and would like to utilize the mailing option.
- RideHop App (free bus tracking app): Available on the Iphone App Store or Google Play.

People's Express (PEX)

- Low cost public transportation service, can transfer riders to a number of bus stops on the AATA bus route. Most buses and vans are lift-equipped, all meet ADA requirements.
- Call at **877-214-6073** between 10:00 AM and 7:00 PM Monday through Friday to schedule your ride.
- Reservations must be made at least **three business days** in advance,
 - and a call back will be given one business day prior to your scheduled ride.
- On the day of your trip: drivers will wait five minutes. They may arrive up to *15 minutes before or after* scheduled pick up times.

Free Parking:

- Free Parking in Ypsi:
 - Frog Island Park, Riverside Park
 - Almost all street parking is free on the weekends and after 8pm on weekdays!
 - For more information about parking in Ypsilanti (permits, tickets, hours) check here: <https://cityofypsilanti.com/385/Parking>
- *On campus:* None, so carpool if you can!
- **Word of advice:** a parking ticket is much cheaper (roughly \$25-50) than paying a towing company (\$300+)

Southeast Michigan Pull Over Prevention

- “We are a group of community members that organizes regular **free auto repair** events to help folks avoid unnecessary and dangerous interactions with police and immigration”
 - Contact: pop@ypsimutualaid.org
 - Follow on Facebook: Southeast MI Pull Over Prevention

Laundry and Baby Care (with Hope Clinic)

Website: <https://thehopeclinic.org/social-work>

- Laundry appointments (1.5hrs) are available Mon-Fri from 9 - 11, 11:15 - 1:15 and 1:30-3:30. washing machines are available for your use. High efficiency soap must be used. If you have none, Hope Center will provide it for you.
 - To schedule a Wash with Care appointment please call (734) 961-3124 on Fridays.
- **Baby Care:** free diapers, wipes, formula, and food if you are a parent or caregiver to young children. Each household is able to pick up supplies every two weeks, on Wednesdays 5:30–7:30 p.m. and Thursdays 2–4 p.m.
 - Basic supplies are available anytime during normal business hours at the Hope front desk.
- Please bring some form of identification, like a state ID or piece of mail with your name on it.

Childcare

- <https://www.emich.edu/childrensinstitute/index.php>
 - *Fees include breakfast, lunch, afternoon snack, diapers and wipes.*
- **Toddler Program (18 months-2 ½ years)* 1:4 Ratio**
 - Daily Rates (7:30am - 5:30pm): Enrolled EMU Students: \$56
- **Young Preschool Program (2 ½-3 years old)* 1:6 ratio**
 - Part-time and Daily Rates:
 - 7:30am - 1pm: Enrolled EMU Students: \$37
 - 7:30am - 5:30pm: Enrolled EMU Students: \$48
- **Preschool Program (3 years old)** 1:7 Ratio**
 - Daily Rates:
 - 7:30am - 1pm: Enrolled EMU Students: \$36
 - 7:30am - 5:30pm: Enrolled EMU Students: \$44
- **Pre-Kindergarten (4 years old)* 1:8 Ratio**
 - 7:30am - 1pm: Enrolled EMU Students: \$33
 - 7:30am - 5:30pm: Enrolled EMU Students: \$42

EMU Student Life (including Student Emergency Fund)

Free Legal Services:

- EMU Student Government provides legal services to EMU Students
 - <https://go.oncehub.com/EMUStudentGovernment>
 - Please note: There is a \$35 charge for a no call no show with the attorney.

Student Emergency Fund

- For students facing unforeseen financial crises. Students can apply for up to \$750 of one-time assistance for eligible expenses like food, rent, medical bills, child care, and car repairs.
 - <https://www.emusg.com/student-emergency-fund>

Halle Library: Free, strong wifi connection, access to resources

- <https://www.emich.edu/library/>

Disability Resource Center:

- <https://www.emich.edu/drc/index.php>
- Phone number: 734-487-2470, Email: drc@emich.edu

Center for Race and Ethnicity

- https://www.emich.edu/core/about_us/
- Phone number: 734.487.2377 Email: core_dci@emich.edu

Women's Resource Center

- <https://www.emich.edu/wcen/>
- Phone number: 734.487.4282 Email: emu_womenscenter@emich.edu

LGBT Resource Center

- <https://www.emich.edu/lgbtrc/>
- Phone number: 734.487.4149, Email: lgbtrc@emich.edu

Office for International Students and Scholars

- <https://www.emich.edu/oiss/index.php>
- Phone number: 734.487.3116, Email: oiss@emich.edu

Dean of Students: Other Resources and Policies

(student handbook, absence notification, Office of the Ombuds, and more)

- <https://www.emich.edu/dean-of-students/departments-resources/index.php>

FAFSA tutorial:

- <https://www.emich.edu/asp/paying-for-college/index.php>

Academic Support (including free ebooks)

EMU TRIO SSS Program:

- For first-generation, low-income, and students with disabilities
- <https://www.emich.edu/triosss/about.php>

EMU Library Textbook Affordability Initiative (free ebooks!):

- <https://guides.emich.edu/classbooks>

University Writing Center:

- Located in the Faculty Development Center in room 109 of Halle Library
- Contact by emailing campus_communitywriting@emich.edu
- Website: <https://www.emich.edu/ccw/uwc/index.php>

Holman Success Center:

- Tutoring, supplemental instruction, peer academic coaching, success coaching
- Must be in the **Academic Success Partnership** program to be eligible
- <https://www.emich.edu/academic-support-programs/hsc/index.php>
 - Phone Number: 734.487.2133
 - Email: success.center@emich.edu
 - Hours: Mon–Fri, 8 a.m.–5 p.m.

Alternatives to Calling the Police

We should recognize that students do not always feel comfortable or trust calling the police because of their race, gender identity, disability, housing, or citizenship status, among other reasons.

Mental Health Emergency:

- 24/7 Mobile Crisis Team, 734-544-3050 (for Washtenaw County residents)
- EMU CAPS: 734.487.1118

Why call? 1 in 4 people killed by police in the U.S. in 2016 had a mental illness

- <https://www.treatmentadvocacycenter.org/fixing-the-system/features-and-news/3723-one-in-four-people-involved-in-fatal-police-shootings-in-2016-had-a-mental-illness>

File a “Public CARE Report” for Student Intervention, if you witness or know someone experiencing the following:

(please be mindful that EMU Police will still sometimes be contacted, so for mental health concerns, you could refer to the “Mental Health Emergency” resources instead):

- Distressed behavior
- General mental/emotional health
- Suicidal ideation
- Self-harm (including rampant drug or alcohol misuse)
- Medical
- Title IX
- Bias Incident

https://emich-advocate.symplicity.com/care_report/index.php/pid584106?

Don't feel safe walking alone on campus?

- Call SEEUS (Student Eyes and Ears for University Safety) at 734-487-3387, or look for the people in the yellow jackets on campus
- Open every day from 6pm to 1am

12 Things to Do Instead of Calling the Cops:

<https://theanarchistlibrary.org/library/may-day-collective-solidarity-defense-12-things-to-do-instead-of-calling-the-cops>